

LYME SPRINT TRIATHLON 2007

CHAUMONT, NY August 5, 2007

Ironman CBR

Place	Time	#	Name	Age	Home	SPLITS		
						Paddle	Bike	Run
1	2:14:24	402	JEFF GALLAGHER	20	CHAUMONT	0:45:09	0:59:15	0:30:00
2	2:16:43	404	DAVE BACON	46	MEXICO	0:43:05	0:53:15	0:40:23
3	2:28:40	403	MARK JACKSON	42	SCHENECTADY	0:48:02	1:00:00	0:40:38
4	2:40:21	401	GREG EVANS	37	HAMPTON NJ	0:49:15	1:19:58	0:31:08

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Place	Time	#	Name	Age	Home	Swim	Bike	Run
1	1:19:05	149	ANDY POWELL	34	MARCELLUS	0:12:52	0:41:23	0:24:50
2	1:21:50	128	PAUL AEMISEGEO	34	EASTON PA	0:12:14	0:42:13	0:27:23
3	1:23:00	113	JIM BRADY	39	CARTHAGE	0:14:16	0:45:06	0:23:38
4	1:23:42	122	MIKE HARRIS	46	CHAUMONT	0:13:09	0:43:37	0:26:56
5	1:27:29	135	TIM REARDON	58	WATERTOWN	0:13:19	0:46:19	0:27:51
6	1:27:56	107	PATRICK TURLEY	44	SYRACUSE	0:13:30	0:47:26	0:27:00
7	1:28:10	152	WAYNE VANDERPOOL	43	ADAMS CENTER	0:12:19	0:39:21	0:36:30
8	1:30:36	111	JUSTUS DERX	42	LIVERPOOL	0:14:14	0:45:38	0:30:44
9	1:32:11	145	BRIAN WHITE	31	CARTHAGE	0:16:48	0:50:15	0:25:08
10	1:33:06	129	KEITH HOLLIS	19	ANNAPOLIS, MD	0:15:19	0:50:02	0:27:45
11	1:33:42	218	AMY CUTLER	26	POTSDAM	0:16:19	0:43:26	0:33:57
12	1:35:36	148	JOHN WEEKS	35	SKANEATELES	0:14:18	0:48:54	0:32:24
13	1:36:09	105	STEPHEN BARR	55	NORWOOD	0:17:17	0:47:40	0:31:12
14	1:36:48	209	MAURENIA LYNDS	40	NEPEAN, ONT	0:14:21	0:48:26	0:34:01
15	1:37:38	142	ED MCDONALD	50	CHITTENANGO	0:18:43	0:51:17	0:27:38
16	1:38:16	151	JIM FINNERTY	49	WATERTOWN	0:19:23**		1:18:53
17	1:38:20	139	TRISTAN EAGER	26	DALLAS, TX	0:15:25	0:54:23	0:28:32
18	1:38:36	119	ERIC CADWELL	39	WATERTOWN	0:19:56	0:49:35	0:29:05
19	1:38:37	137	CHRIS RUBECK	39	GENESEO	0:16:29	0:52:43	0:29:25
20	1:38:51	126	TERRY GARDNER	57	WATERTOWN	0:19:07	0:46:27	0:33:17
21	1:39:09	124	CHARLES GUESS	46	BALLSTON SPA	0:17:39	0:50:37	0:30:53
22	1:39:42	901	TYLER KELLOGG	18	ADAMS CENTER	0:16:22	0:50:26	0:32:54
23	1:40:44	203	CHRISTINA LOWERY	38	CENTRAL SQUARE	0:16:33	0:48:21	0:35:50
24	1:41:19	104	STEVEN PLANTE	50	FAYETTEVILLE	0:16:44	0:49:52	0:34:43
25	1:41:23	211	THERESA BROWNELL	35	CANTON	0:17:56	0:49:46	0:33:41
26	1:41:57	127	CHRISTOPHER LITTELL	29	DEXTER	0:18:49	0:50:01	0:33:07
27	1:42:05	212	LAUREN SISCHO	19	RODMAN	0:20:06	0:56:48	0:25:11
28	1:42:42	141	NICK COONEY	27	BLACK RIVER	0:12:46	0:56:01	0:33:55
29	1:44:24	143	SCOTT RANDALL	22	ADAMS CENTER	0:20:20	0:55:26	0:28:38
30	1:45:23	134	ROBERT GROFF	28	NEW YORK	0:18:32	0:50:11	0:36:40
31	1:45:24	120	SCOTT DALEY	48	ROCHESTER	0:17:19	0:52:23	0:35:42
32	1:46:40	154	TIM WATSON	47	N SYRACUSE	0:17:25	0:43:14	0:46:01
33	1:46:43	108	MATT PAQUETTE	38	CENTRAL SQUARE	0:19:11	0:53:56	0:33:36
34	1:46:43	136	FRANK RHODE	50	WATERTOWN	0:19:58	0:50:18	0:36:27
35	1:46:49	114	ANDREW LAWLOR	47	PONT, PA	0:18:36	0:54:50	0:33:23
36	1:47:02	210	LORRAINE TURTURRO	46	WATERTOWN	0:20:27	0:58:48	0:27:47
37	1:47:12	123	DEWAYNE BRAMLETT	34	WATERTOWN	0:19:59	0:52:46	0:34:27
38	1:47:34	112	KELSEY BRADY	13	CARTHAGE	0:15:37	0:55:25	0:36:32
39	1:48:51	125	ALEX HAMPTON	24	SACKETS HARBOR	0:18:07	0:57:30	0:33:14
40	1:49:17	216	TERESA SCOPPA	29	MONTOSE, PA	0:18:21	0:47:58	0:42:58
41	1:49:31	147	JAMES SCORDO	49	WATERTOWN	0:18:46	0:49:46	0:40:59
42	1:49:39	208	ERIN BETZ	28	CLAYTON	0:18:17	0:54:06	0:37:16
43	1:50:28	202	CHRISTINA BUCSHMANN	48	WATERVILLE	0:20:31	0:57:38	0:32:19
44	1:50:50	103	MICHAEL SINGER	35	CICERO	0:21:06	0:57:28	0:32:16
45	1:51:41	146	STEFAN MATOING	26	WATERTOWN	0:19:48	0:57:36	0:34:17
46	1:54:18	117	ROBERT PULLEASE	39	WATERTOWN	0:22:03	0:56:11	0:36:04
47	1:54:19	115	JEREMY BROWN	30	HENRIETTA	0:18:33	0:58:01	0:37:45
48	1:54:57	206	BRITTANY FIELDS	19	CHAUMONT	0:20:45	1:05:02	0:29:10
49	1:55:40	110	BRIAN LANTIER	35	CLAYTON	0:22:23	0:52:24	0:40:53
50	1:55:46	144	ERIC BEATTIE	21	ADAMS CENTER	0:25:36	1:01:15	0:28:55
51	1:59:20	116	STEVE GAMBINO	42	NEWARK	0:19:37	0:54:34	0:45:09
52	1:59:47	205	SARAH LAWLOR	20	SLIPPERY ROCK, PA	0:17:54	0:55:00	0:46:53
53	2:00:11	102	JOHN SINGER	67	SUFFERN	0:20:22	1:03:08	0:36:41
54	2:01:01	131	JAY BERKMAN	31	WEST STOCKHOLM	0:22:43	0:55:14	0:43:04
55	2:01:38	204	SHELBY GRIGG	20	WATERTOWN	0:21:26	1:15:05	0:25:07
56	2:01:50	217	ALLYSON RYAN	32	SYRACUSE	0:19:54	1:01:50	0:40:06
57	2:01:56	109	DAN BERKMAN	52	MILTON, MA	0:25:41	0:55:40	0:40:35
58	2:03:11	219	CLAUDIA FISH	41	WATERTOWN	0:22:06	1:10:24	0:30:41
59	2:03:12	150	STEVEN FISH	42	WATERTOWN	0:22:08	1:01:39	0:39:25
60	2:07:10	106	RALPH JANICK	69	CAPE VINCENT	0:23:09	1:02:44	0:41:17
61	2:09:26	207	CJ JACKSON	44	WATERTOWN	0:22:25	1:05:47	0:41:14
62	2:09:30	101	BRIAN MARCOLIN	26	SACKETS HARBOR	0:21:14	0:57:10	0:51:06
63	2:09:51	140	RICK KHARAS	50	SYRACUSE	0:23:58	1:05:08	0:40:45
64	2:10:12	153	PATRICK SHARLOW	17	DELMAR	0:25:43	1:11:16	0:33:13
65	2:10:20	201	KELLY FORD	29	HAMPTON, NJ	0:18:42	1:15:34	0:36:04
66	2:11:25	215	CAROL HEINICK	51	NORWOOD	0:25:16	0:53:23	0:52:46
67	2:12:37	130	DUANE MESSERSCHMIDT	45	GENESEO	0:19:35	0:58:11	0:54:51
68	2:16:26	220	JANINE QUINLAN	51	SODUS POINT	0:24:41	1:07:39	0:44:06

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CHAUMONT, NY August 5, 2007

Ironman SBR

Place	Time	#	Name	Age	Home	Swim	Bike	Run
1	1:19:05	149	ANDY POWELL	34	MARCELLUS	0:12:52	0:41:23	0:24:50
69	2:24:17	138	ZACHERY AMBROSE	22	WATERTOWN	0:16:37	1:08:46	0:58:54
70	2:26:03	132	CASEY STEWART	15	CHAUMONT	0:26:01	1:15:40	0:44:22
71	2:26:06	133	MARK STEWART	51	CHAUMONT	0:26:31	1:15:04	0:44:31
72	2:36:48	118	PAUL CROSSMAN	60	WARRENSBURG	0:27:57	1:16:56	0:51:55

** Bike split included in run split.

LYME SPRINT TRIATHLON 2007

CHAUMONT, NY August 5, 2007

Team CBR

Place	Time	#	Name	Age	Home	SPLITS		
						Paddle	Bike	Run
1	1:37:52	606	WATSON, GOODNOUGH, THOMPkins, BURNS	30-39	WATERTOWN/THERESA/STAFFORD, VA	0:39:12	0:33:34	0:25:06
2	1:59:41	607	WOODRUFF, HASSLER, DEAL	60-69	WATERTOWN	**	1:30:30	0:29:11
3	2:00:26	613	MATTINGLY & HOWARD	30-39	MANNVILLE/THERESA	0:40:01	0:48:52	0:31:33
4	2:00:52	602	CULKIN & KOCHER	50-59	CLIFTON PARK/SYR	0:39:08	0:50:59	0:30:45
5	2:02:22	604	HORNING, BOYD, McMAHON, RUETTEN	20-29	EVANS MILLS	0:39:14	0:52:26	0:30:42
6	2:15:29	603	JONES, SANSONE, ROBINSON, BUSKE	<20	EVANS MILLS	0:40:26	1:04:16	0:30:47
7	2:15:34	609	O'NEILL, DIXE, DOBBINS, DOBBINS	40-49	CHICAGO, IL, TROY, WEBSTER	0:49:02	0:54:15	0:32:17
8	2:18:33	610	SHARLOW, SHARLOW, SHARLOW, SHARLOW	40-49	CHAUMONT	0:40:17	0:53:46	0:44:30
9	2:21:05	612	LIBBEY, HAMLIN, EAGER	30-39	OH/NJ/TEXAS	0:50:53	1:00:56	0:29:16
10	2:21:35	601	TOWNE, TOWNE, TOWNE	50-59	WATERTOWN/THERESA/STAFFORD, VA	0:40:39	1:01:13	0:39:43
11	2:28:07	608	SHARLOW, SHARLOW, MATTRAW, SHARLOW	20-29	CHAUMONT	0:46:17	1:05:00	0:36:50
12	2:34:56	611	SCNALON, SCANLON, STEWART, STEWART	20-29	CHAUMONT/CARTHAGE	0:53:45	1:10:40	0:30:31
13	2:50:33	605	COUSINEAU, BATES, COUSINEAU	50-59	CHAUMONT/SPRINGFIELD, MA	1:02:01	1:12:49	0:35:43

** paddle split included in bike split

LYME SPRINT TRIATHLON 2007

CHAUMONT, NY August 5, 2007

Team SBR

Place	Time	#	Name	Age	Home	SPLITS		
						Swim	Bike	Run
1	1:11:24	309	MCKINNEY,BURNS,HARDWICK	<20	WATERTOWN	0:11:35	0:36:46	0:23:03
2	1:25:56	305	GEBO, RUTLEDGE,EMRICH	30-39	WATERTOWN	0:13:22	0:46:58	0:25:36
3	1:26:33	303	LABARR,SMITH,MACHIA	30-39	WATERTOWN	0:12:31	0:48:17	0:25:45
4	1:28:58	313	RUSCH & RUSCH	40-49	REDWOOD	0:13:54	0:44:13	0:30:51
5	1:29:30	306	O'CONNOR & TIDD	40-49	ALEX BAY	0:11:06	0:52:58	0:25:26
6	1:29:50	310	RHODE,KELLOGG,MCKINNEY	<20	WANT,DEXTER,ADAMS CENTER	0:13:16	0:50:51	0:25:43
7	1:30:11	317	DANDROW,KELLOGG,KELLOGG	20-29	WATERTOWN/ADAMS CTR	0:12:36	0:41:35	0:36:00
8	1:33:25	308	KETTRICK,MCCREARY,RIENDEAU	<20	WATERTOWN	0:11:44	0:51:26	0:30:15
9	1:37:15	307	PETERS, KIMBALL,HARDWICK	50-59	CHAUMONT/WANT	0:15:08	0:55:56	0:26:11
10	1:39:27	301	FOEHL, PAGE,PAGE	40-49	SKANEATELES,SYR	0:20:24	0:45:16	0:33:47
11	1:40:14	316	GOODBODY,GOODBODY,PIENTA	40-49	CHAU/PORTLAND,OR/JAMAICA PLAIN,MA	0:20:43	0:56:13	0:23:18
12	1:46:37	304	MUGRIDGE & JONES	50-59	LIVERPOOL	0:19:39	1:00:02	0:26:56
13	1:48:36	318	COUCH,AMAREL,RUTLEDGE	30-39	WATERTOWN/BLACK RIVER	0:14:49	0:56:43	0:37:04
14	1:51:34	315	LUNDY,BURKER, BURKER	40-49	CARTHAGE/GLENFIELD	0:16:24	0:51:54	0:43:16
15	1:54:06	311	MCKINNEY,MCKINNEY,FREEMAN	20-29	WATERTOWN	0:12:06	0:59:00	0:43:00
16	1:58:40	314	SARGENT,RANDALL,DAWSON	50-59	WANT/COPENHAGEN	0:22:20	1:00:48	0:35:32
17	1:59:41	312	HARRIS,WISNER,PETRUS	40-49	CHAUMONT	0:21:13	1:07:28	0:31:00
18	2:00:15	302	BOUBIN, BOUBIN,DUNCAN	40-49	DENVER, CO-RYE, NY	0:17:05	1:00:48	0:42:22